

Curriculum Review Summary Report California Healthy Youth Act

Published Curriculum

Curriculum Title: Rights, Respect, Responsibility – High School

Grades: 9-12

Edition/Version: 2016 (the CA adaptation – was not available at time of review) **Printing (Year):** 2016

Number of lessons: 29 lessons spread across grades 9 - 12

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Cost: Free

Website/contact: <http://advocatesforyouth.org/3rs-curriculum>

Training offered: Yes, <http://advocatesforyouth.org/3rs-curric-training>

| Criteria | Description | Compliance Assessment | Determination and Recommendations Action/Curriculum adaptation needed to meet CHYA requirements. |
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| A. CA Education Code Requirements starting Jan. 2016, CA Healthy Youth Act | | | |
| Alignment with and Support of CHYA Purposes | <p>All instruction and materials must align with and support the purposes of the California Healthy Youth Act. EC § 51933 (c)</p> <p>All instruction and materials shall align with and support the purposes of this chapter as set forth in paragraphs (1) to (5), inclusive, of subdivision (b) of Section 51930 and may not be in conflict with them.</p> | <p>(1) To provide pupils with the knowledge and skills necessary to protect their sexual and reproductive health from HIV and other sexually transmitted infections and from unintended pregnancy.</p> <p>[Reference: Instruction and Materials]</p> | Compliant: Yes |
| | | <p>(2) To provide pupils with the knowledge and skills they need to develop healthy attitudes concerning adolescent growth and development, body image, gender, sexual orientation, relationships, marriage, and family.</p> <p>[Reference: Instruction and Materials]</p> | Compliant: Yes |
| | | <p>(3) To promote the understanding of sexuality as a normal part of human development.</p> <p>[Reference: Instruction and Materials]</p> | Compliant: Yes |



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| | | <p>(4) To ensure pupils receive integrated, comprehensive, accurate, and unbiased sexual health and HIV prevention instruction and provide educators with clear tools and guidance to accomplish that end.</p> <p>[Reference: Instruction and Materials]</p> | Compliant: Yes |
| | | <p>(5) To provide pupils with the knowledge and skills necessary to have healthy, positive, and safe relationships and behavior.</p> <p>[Reference: Instruction and Materials]</p> | Compliant: Yes |
| B. Instruction and Materials EC § 51933 | | | |
| 1 | <p>Age Appropriate Material</p> <p>Instruction and materials shall be age appropriate.</p> <p>EC § 51933(a)</p> | <p>“Age appropriate” is refers to topics, messages, and teaching methods suitable to particular ages or age groups of children and adolescents, based on cognitive, emotional, and behavioral capacity typical for the age or age group.</p> <p>EC § 51931(a)</p> | <p>Compliant: Yes</p> <p>Comments: Lesson 12.5: The PowerPoint for this lesson shows pictures from adult magazines to address media literacy. The reviewers found this to be an age appropriate lesson plan but acknowledge that different communities may react differently to inclusion of provocative images, even with the intent of the lesson to describe why these may be inappropriate representations of people. LEAs should review carefully to assess whether this lesson will be effective and appropriate in their school community and make materials available for review by parents/guardians to field any possible concerns. This lesson could be implemented with the use of a different selection of actual magazines brought into the classroom.</p> |

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| 2 | Medically Accurate and Objective Information | All factual information presented shall be medically accurate and objective. EC § 51933(b). | “Medically accurate” means verified or supported by research conducted in compliance with scientific methods and published in peer-reviewed journals, where appropriate, and recognized as accurate and objective by professional organizations and agencies with expertise in the relevant field such as the federal Centers for Disease Control and Prevention, the American Public Health Association, the American Academy of Pediatrics and the American College of Obstetricians and Gynecologists.” EC § 51931(f) | Compliant: No, needs modification. Comments: Full and detailed medical reviews have been given directly to the publisher/author. This curriculum contains one or all of the following: outdated information, inaccurate information, and/or uncited data. Per Education Code 51931(f), refer to the listed agencies’ current websites for the most medically accurate and objective information. |
| 3 | Inclusivity Appropriate | Instruction and materials shall be appropriate for use with pupils of all races, genders, sexual orientations, ethnic and cultural backgrounds, pupils with disabilities, and English learners. EC § 51933(d)(1) | | Compliant: Yes |
| 4 | English Learners | Instruction and materials shall be made available on an equal basis to a pupil who is an English learner, consistent with the existing curriculum and alternative options for an English learner pupil as otherwise provided in this code. EC § 51933(d)(2) | | All local educational agencies are required to ensure that curricula, including homework, are available to all student populations in primary language determined by previous year’s language census data. |
| 5 | Youth with Disabilities | Instruction and materials shall be made accessible to pupils with disabilities, including, but not limited to, the provision of a modified curriculum, materials and instructions in alternative formats, and auxiliary aides. EC § 51933(d)(3) | | All local educational agencies are required to ensure that curricula, including homework, are available to all students in formats and modalities that meet their students’ specific instructional needs. |

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| 6 | Unbiased Instruction | Instruction and materials shall not reflect or promote bias against any person on the basis of disability, gender, gender identity, gender expression, nationality, race or ethnicity, religion, sexual orientation, or any category protected by Section 220. EC § 51933(d)(4) | | Compliant: Yes |
| 7 | Sexual Orientation | Instruction and materials shall affirmatively recognize that people have different sexual orientations and, when discussing or providing examples of relationships and couples, shall be inclusive of same-sex relationships. EC § 51933(d)(5) | Affirmatively recognize that people have different sexual orientations. | Compliant: Yes Comments: There are many examples of different sexual orientations. Visual representations are helpful. The ninth grade yellow flag exercise is excellent. This is very supportive, inclusive curriculum and includes information at several grade levels. |
| | | | Provides examples of relationships and couples that are inclusive of same-sex relationships. | Compliant: Yes |
| | | | Includes discussion of relationships and couples that are inclusive of same-sex relationships. | Compliant: Yes |
| 8 | Gender | Instruction and materials shall teach pupils about gender, gender expression, gender identity, and explore the harm of negative gender stereotypes. EC § 51933(d)(6) | Teaches about gender, gender expression, gender identity, and explores the harm of negative gender stereotypes. | Compliant: Yes Comments: Eleventh grade definition of "biological sex" is problematic because identity is also part of our biology, not just sex assigned at birth. Although the concept of gender expression is explained implicitly in the instruction, we recommend a more explicit definition using the term, especially since not all teachers are well-versed in this area. |

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| 9 | Adolescent Development and Body Image | Instruction provides pupils with the knowledge and skills to develop healthy attitudes concerning adolescent growth and development and body image. EC § 51930(a)(2) | Teaches and promotes healthy attitudes about adolescent development and body image. | Compliant: Yes Comments: Lesson 11.1 stresses the direct correlation between unhealthy decision-making being connected to negative self-image; the reviewers felt this was a strength. |
| 10 | Communication with Parents, Guardians, Trusted Adults | Instruction and materials shall encourage a pupil to communicate with his or her parents, guardians and other trusted adults about human sexuality and provide the knowledge and skills necessary to do so. EC § 51933(e) | Encourages communication with parents, guardians or other trusted adults about human sexuality. | Compliant: Yes Comments: Homework involving parents/guardians drops off as the curriculum continues through the grade levels. The inclusion of more explicit instruction and homework on continuing to communicate with parents/guardians as youth get older would strengthen this criterion. |
| 11 | Committed Relationships | Instruction and materials shall teach the value of and prepare pupils to have and maintain committed relationships such as marriage. EC § 51933(f) | Teaches the value and prepares pupils to have and maintain committed relationships, such as marriage. | Compliant: No, needs minor modification. Comments: There is no discussion of marriage/long-term relationships other than in the adoption activity (e.g., states information about some married, committed couples who want to adopt). |
| 12 | Healthy Relationships | Instruction and materials shall provide pupils with knowledge and skills they need to form healthy relationships that are based on mutual respect and affection, and are free from violence, coercion, and intimidation. EC § 51933(g). | Builds knowledge and skills to form healthy relationships that are based on mutual respect and affection, and are free from violence, coercion, and intimidation. | Compliant: Yes Comments: This curriculum includes many role plays and skill-building activities. The content describing healthy versus unhealthy and abusive behaviors in dating relationships is relatable and accessible. |
| 13 | Healthy Decision Making | Instruction and materials shall provide pupils with knowledge and skills for making and implementing healthy decisions about sexuality, including negotiation and refusal skills to assist pupils in overcoming peer | Provides knowledge and skills for making and implementing healthy decisions about sexuality. | Compliant: Yes |

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| | | pressure and using effective decision-making skills to avoid high-risk activities. EC § 51933(h) | | |
| 14 | Religious Doctrine | Instruction and materials <u>may not teach or promote</u> religious doctrine. EC § 51933(i) | Does not promote religion/religious doctrine. | Compliant: Yes |
| Content: Factual and Medically Accurate Information EC § 51934 | | | | |
| 15 | Nature of HIV and STIs | Information on the nature of HIV, as well as other sexually transmitted infections and their effects on the human body. EC § 51934 (a)(1) | Provides information on the nature of HIV and its effects on the human body. | Compliant: Yes |
| | | | Provides information on the nature of other STIs and their effects on the human body. | Compliant: Yes Comments: Should enhance this section to more thoroughly address the effects of STIs on the body. |
| 16 | Transmission of HIV | Information on the manner in which HIV and other STIs are and are not transmitted, including information on the relative risk of infection according to specific behaviors, including sexual activities and injection drug use. EC § 51934(a)(2) | Provides information regarding the transmission of HIV. | Compliant: No, needs minor modification. Comments: Injection drug use is missing and should be added. Levels of risk are covered in the “STD Smarts” game, but not specifically as levels of risk related to HIV. |
| 17 | Transmission of STI's | Information on the manner in which HIV and other STIs are and are not transmitted, including information on the relative risk of infection according to specific behaviors, including sexual activities and injection drug use. EC § 51934(a)(2) | Provides information regarding the transmission of other STIs. | Compliant: No, needs minor modification. Comments: Injection drug use is missing and should be added. It would be important to provide some initial STI/HIV overview information since the STD review game could potentially be the first time students are hearing this |

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| | | | | information. This could be addressed by moving the “About Sexual Health” video to an earlier point in the curriculum. |
| 18 | Abstinence from Sexual Activity and Drug Use | Information that abstinence from sexual activity and injection drug use is the only certain way to prevent HIV and other sexually transmitted infections and abstinence from sexual intercourse is the only certain way to prevent unintended pregnancy. Instruction shall provide information on the value of delaying sexual activity while also providing medically accurate information on other methods of preventing HIV and other sexually transmitted infections and pregnancy EC § 51934(a)(3) | Provides information that abstinence from sexual activity and injection drug use is the only certain way to prevent HIV and other STIs. | Compliant: No, needs minor modification. Comments: Should add abstinence from drug use. |
| | | | Provides information regarding abstinence from sexual activity being the only certain way to prevent pregnancy as well as provide information about the value of delaying sexual activity. | Compliant: Yes |
| 19 | Methods of Protection, HIV and STIs | Information about the effectiveness and safety of all federal Food and Drug Administration (FDA) approved methods that prevent or reduce the risk of contracting HIV and other sexually transmitted infections, including use of antiretroviral medication, consistent with the federal Centers for Disease Control and Prevention. EC § 51934(a)(4) | Provides information about the effectiveness and safety of the FDA approved antiretroviral medical intervention consistent with the U.S. Centers for Disease Control and Prevention. | Compliant: No, needs minor modifications. Comments: To be compliant, PEP needs to be added. |
| | | | Provide information about the effectiveness and safety of all FDA approved methods that prevent or reduce the risk of contracting HIV and other STIs. | Compliant: Yes |
| 20 | HIV Risk Reduction | Information about the effectiveness and safety of reducing the risk of HIV transmission as a result of injection drug use by decreasing needle use and needle sharing. EC § 51934(a)(5) | Provides information about the effectiveness and safety of reducing HIV transmission by decreasing needle use and needle sharing. | Compliant: No, needs minor modification. Comments: Should add information on needle sharing. |
| 21 | Treatment of HIV and STIs | Information about the treatment of HIV and other sexually transmitted infections, including how antiretroviral therapy can dramatically prolong the lives of many people living with HIV | Provides information about treatment of HIV and other STIs that can reduce the likelihood of transmitting HIV to others. | Compliant: No, needs minor modification. Comments: Should address treatment of HIV as a prevention method for transmitting HIV. |

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| | | and reduce the likelihood of transmitting HIV to others. EC § 51934(a)(6) | | |
| | | | Provides information how antiretroviral therapy can dramatically prolong the lives of many people living with HIV and reduce the likelihood of transmitting HIV to others. | Compliant: Yes |
| 22 | Social Views About HIV and AIDS | Discussion about social views on HIV and AIDS, including addressing unfounded stereotypes and myths regarding HIV and AIDS and people living with HIV. This instruction shall emphasize that successfully treated HIV-positive individuals have a normal life expectancy, all people are at some risk of contracting HIV, and the only way to know if one is HIV-positive is to get tested. EC § 51934(a)(7) | Provides discussion on social views and addresses myths and stereotypes about HIV and AIDS, and people living with HIV. | Compliant: No, needs minor modification. Comments: The section discussing stereotypes and myths about people living with HIV infection is minimal. There is some information on the stereotype that only gay people have HIV, but it is insufficient to meet the criteria of "provides discussion" on all the required topics. |
| | | | Emphasizes the following required CHYA instruction. <ul style="list-style-type: none"> That successfully treated HIV-positive individuals have a normal life expectancy All people are at risk for contracting HIV The only way to know if someone has HIV is to get tested | Compliant: Yes |
| 23 | Resources and Rights to Sexual and Reproductive Health Care Access | Information about local resources, how to access local resources, and pupils' legal rights to access local resources for sexual and reproductive health care such as testing and medical care for HIV and other sexually transmitted infections and pregnancy | Provides information about local resources, how to access local resources, and youth's legal rights to access local resources for sexual and reproductive health. <ul style="list-style-type: none"> Pupils legal rights to access local resources | Compliant: No, needs minor modification. Comments: LEAs will need to identify and provide their own local resources. Grade 9, Lesson 8 homework is to find local STD testing resources. |

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| | | <p>prevention and care, as well as local resources for assistance with sexual assault and intimate partner violence.</p> <p>EC § 51934(a)(8)</p> | <p>for sexual and reproductive health care</p> <ul style="list-style-type: none"> • How to access sexual and reproductive health care services • Pregnancy prevention and care • Testing and treatment for HIV and other STIs • Assistance for sexual assault and intimate partner violence | <p>Although discussion of the importance of prenatal care is strong, the curriculum should also include pregnancy prevention and care.</p> <p>Excellent section on rights and resources in 10th grade.</p> <p>Very good material in 12th grade including the rights of young parents at school.</p> <p>Grade 10, Lesson 3, the law about minor access to birth control from a clinic is not specific to California. This will need to be modified for California law.</p> |
| 24 | <p>FDA Approved Contraceptive Methods</p> | <p>Information about the effectiveness and safety of all FDA-approved contraceptive methods in preventing pregnancy, including, but not limited to, emergency contraception.</p> <p>EC § 51934(a)(9)</p> | <p>Provides information on the effectiveness and safety of all FDA-approved contraceptive methods:</p> <ul style="list-style-type: none"> • Implants • Intrauterine devices (IUDs) • The Shot • The Ring • The Patch • The Pill • Condoms: External ("male condom") • Condom: Internal/Insertive ("female condom") • Other barrier methods • Permanent methods • Emergency contraception | <p>Compliant: No, needs major modification.</p> <p>Comments:</p> <p>Full medical reviews have been sent to authors/publishers.</p> <p>Materials are missing.</p> <p>In Grade 10, Lesson 2, "It's Your Life" website has all of the FDA approved methods but the hyperlink is broken and the lesson does not go through every method; it depends on which are chosen by students doing the activity. This lesson needs to cover all FDA-approved contraceptive methods to be compliant.</p> <p>The "Respect Yourself, Protect Yourself" handout is missing and is needed for accurate review.</p> <p>Reviewers would like to see modifications available for schools and students who do not have access to computers.</p> |

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| 25 | Legally Available Pregnancy Outcomes | <p>Instruction on pregnancy shall include an objective discussion of all legally available pregnancy outcomes, including, but not limited to, all of the following:</p> <p>(A) Parenting, adoption and abortion</p> <p>(B) Information on the law on surrendering physical custody of a minor child 72 hours of age or younger, pursuant to Section 1255.7 of the Health and Safety Code and Section 271.5 of the Penal Code</p> <p>(C) The importance of pre-natal care</p> <p>EC § 51934(a)(9)</p> | <p>Provides objective discussion on all of the following legally available pregnancy outcomes:</p> <ul style="list-style-type: none"> • Parenting • Adoption • Abortion • Information on surrendering physical custody of a minor child 72 hours of age or younger. • Importance of pre-natal care | <p>Compliant: Yes</p> |
| 26 | Harassment, Abuse, Violence and Trafficking | <p>Information about sexual harassment, sexual assault, adolescent relationship abuse, intimate partner violence and sex trafficking.</p> <p>EC § 51934(a)(10)</p> | <p>Provides information about sexual harassment, sexual assault, adolescent relationship abuse, intimate partner violence and sex trafficking.</p> | <p>Compliant: No, needs major modification.</p> <p>Comments: Helpful information on child pornography and sexting, but needs to provide information on sex trafficking.</p> <p>Sexual harassment is not obviously discussed and this section should be bolstered. There is good coverage of assault and relationship abuse.</p> |
| Additional CA Education Code requirements that allow for implementation of the CA Healthy Youth Act | | | | |
| 27 | Right to Obtain Confidential Services | <p>Requires school districts to “notify pupils in grades 7-12 inclusive and the parents and guardians of all pupils enrolled in the district, that school authorities may excuse any pupil from school for the purpose of obtaining confidential medical services without the consent of the pupil’s parent or guardian.”</p> <p>EC § 46010.1</p> | <p>Provides the knowledge of the right for the pupil to be excused from school to obtain confidential services</p> | <p>Compliant: No, needs major modification.</p> <p>Comments: Needs updating to include California law regarding student release. California Education Code 46010.1.</p> |

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| 28 | Resources and Rights for LGBTQ pupils | Information on existing school site and community resources related to the support of lesbian, gay, bisexual, transgender, and questioning (LGBTQ) pupils must be provided EC § 234.1(d) | Provides information about local resources, how to access local resources, and youth's legal rights to access local resources that support LGBTQ pupils and their families | Compliant: Yes |
| 29 | Affirmative Consent *required only if a health education course is a graduation requirement | Comprehensive information for grades 9-12, inclusive, on sexual harassment and violence that includes but is not limited to all of the following: a discussion of the affirmative consent standard, as defined in paragraph (1) of subdivision (a) of Section 67386 EC § 33544(a)(2) | Provides knowledge of the affirmative consent standard and skills needed to establish boundaries in peer and dating relationships. | Compliant: Yes |

ADDITIONAL COMMENTS:

While there are some missing components, several reviewers felt this curriculum truly embodies the goals and spirit of CHYA, and appreciated its accessibility of being free to download.

In the 11th Grade Lesson 1 "How do you see me?" provides the script to say, "try to remember, always, that you have the right to express yourselves in ways that resonate with who you are –no one else has the right to judge you for how you present yourself or whether or how you choose to be in a relationship. No matter your appearance, your grades, your gender, your sexual orientation, your body size, etc. you are ALL worthy of love. Each of you is special for exactly who you are." The reviewers appreciated this sentiment.

Online recommendations/problems:

Broken hyperlink: Pitch Perfect 2 link in Grade 10, Lesson 1

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We did not review the California-specific version of Rights, Respect, Responsibility, adapted to address the requirements of CHYA; this was not available at the time of this review. It is likely the California adaptation has many components to address the above criteria that need modification, but we did not review the materials. We recommend LEAs carefully review all materials, even those included in this review.